



Travel Route Planning – A Short Guide and Checklist

How do you make a perfect travel route planning to explore the place properly? You'll probably be surprised at how many nature trails and large parks are located near the place you are traveling. These can be exciting to hike and explore. Once you are there, you'll forget that they are close to home.

So, it is necessary to know the place with some information and make a perfect [checklist on the travel route](#) and exploring. There are some important tips to follow in exploring the route, cause the whole scenario is little different from other city places.

Perfect Travel Route Planning

Traveling a mountain or walking through the forest or along the bank of a river is a lot different from walking along the sidewalk in the city! You need to focus on some major parts. Here are some things to know:

Travel with At least One People

Always go with a least one other person. That way, if you get hurt or lost, you've got help right there or someone who can go for help. With people, your traveling will not only be safe but also will be enjoyable.



There must be some different activities like [fishing with reels](#), swimming on the pond, fall or cooking your hunted rabbit in the plan of travel. Your companion can be really useful in making the whole experience comfortable and enjoyable.

Stream Crossing Considerations

If there is no way around a stream, try crossing it by walking. It might be shallow enough. Do not try this unless you are an excellent swimmer. Sometimes, you can try a bit of crossing it if the water in the stream is not moving very fast and you are confident about your swimming.

In my experience, I have crossed the stream if it is narrow. Unless the floor of the river starts to cut your feet, try to do it without shoes. If you must wear your shoes, take them and your socks off if the water becomes so deep that you have to swim.

Wet rocks are very slippery. Be careful when you walk on them or fish from them.

What if You Get Lost?

If you do get lost, stop hiking right away. Don't react by turning around and going directly back. You might get even more lost that way because you might already have zigzagged. Instead, try to figure out where you were when you first got lost, and how long ago it was.

Try to find some high ground to look down from. You might see a landmark that will tell you where to go. This is one of the major considerations I travel route planning.

In Cases of Foot Pain

The moment you feel the beginning of a blister on your foot – pain or a burning feeling is the first sign-stop and put a bandage over it. If you don't have a bandage, put some clean cloth or paper between the blister and your sock. You must stop blisters from starting, or you will be in pain the rest of the way.

Traveling New Route Considerations

Sometimes you might want to leave the trail to explore. Make sure that you mark the new route that you and your companions are taking. Do not go very far without putting some stones in a particular place or leaving other signs that will show you the way back.

Also, don't take shortcuts. They can lead to a dead end or get you lost. And they may present dangers. If you have done a bit of hiking and camping trips, then you already know this. But if you are new, always get a path that is drawn in your travel planning.

Wear something colorful when you go hiking. If you get lost it will help rescuers spot you.

Marking and Traveling Road Planning

An easy system is to arrange dead tree limbs in a large arrow shape, pointing the way on or off the trail. Markers that will not work are those that can blow away, or that rain can mask and wash away.



Each person should be responsible for remembering two or three markers. The first person the first two or three, the second person the next two or three, and so on. It is wise to bring pencil and paper to write them down as you go.

Place your trail markers away from water. A sudden rain might cause this stream to overflow and wash your markers away.

Do not put the strongest person in front. He or she might tire the others by going too fast. It is best to move at a slow pace in the beginning. It won't seem that slow after a while. You lose more energy by short bursts of activity than by steady movement.

Extra Hiking Route Planning Tips

There is one special kind of hiking that you will have to do now and then to explore or follow a route-going up. Maybe you will want to climb a tree. Pick one with many sturdy branches, so that you can get near the top safely. Climb only as high as you have to. Do not forget to bring the all important hiking gears, [rescue knife](#) and proper clothing for that.

Climbing down is as tricky as climbing up. Choose your footing carefully so that you don't fall.

Hiking up the side of a rocky hill or mountain is hard. Do not try rock or mountain climbing unless you are with someone who knows how and has brought the special equipment needed. Wherever there is a hill there is a valley – so you can always go around the hill. Though it may take more time, it is much easier.

